

BADWATER® CAPE FEAR ROUTE LANDMARKS

0.0	Start at Old Baldy Lighthouse	(2nd lap distance)
	Cross over creek bridge, then head east across island	
3.2	CP1: Pass Race HQ at Bald Head Island Conservancy	
	Loop around east end of island via Station House Way	
4.1	CP2: Pass Race HQ at Bald Head Island Conservancy	
	Head west on South Bald Head Wynd	
6.1	Right / north on Stede Bonnet Wynd	
7.2	Left / west on North Bald Head Wynd	
7.6	Left / south on West Head Wynd	
8.6	Becomes South Bald Head Island Wynd (east)	
9.8	Left / north on Muscadine Wynd	
10.3	Right / east on North Bald Head Wynd / Federal Road	
10.8	Right / south onto North Carolina Coastal Reserve trail	
10.9	Stay left at Loop Trail sign	
11.0	Stay left onto Middle Trail	
11.6	Hard right onto East Trail	
12.15	Turn left at the end of trail onto road	
12.17	Turn right at stop sign	
12.21	CP3: U-turn at Race HQ at Bald Head Island Conservancy	(31.8) CP7
12.25	Head west, briefly, on South Bald Head Wynd	(31.84)
12.45	Turn left onto South Beach at Beach Access	(32.04)
12.55	Turn left / east onto South Beach	(32.14)
13.15	Turn left / north at Cape Fear onto East Beach	(32.74)
14.05	Pass final / northernmost BHI staircase / house	(33.64)
14.65	Bald Head State Natural Area sign in dunes	(34.24)
17.85	CP4: Enter Fort Fisher State Rec area beach fishing zone	(37.44) CP8
	NOTE: 4x4 vehicles possible (generally parked) and fishing lines on route	
18.85	"Crossover 4" sign	(38.44)
19.8	"Crossover 3" sign	(39.39)
21.25	"No Vehicles Beyond This Point" sign	(40.84)
21.95	Turn left / west to Fort Fisher Ranger HQ wooden pathway	(41.54)
22.0	CP5: U-Turn at Fort Fisher Ranger HQ	(41.59) CP9
22.75	Enter Fort Fisher State Rec area beach fishing zone	(42.34)
	NOTE: 4x4 vehicles possible (generally parked) and fishing lines	
24.25	"Crossover 3" sign	(43.84)
25.15	"Crossover 4" sign	(44.74)
26.18	CP6: End Fort Fisher State Rec area beach fishing zone	(45.77) CP10
30.0	Pass first / northernmost BHI staircase / house	(49.59)
30.4	Pass beach access, life preserver, 911 phone	(49.99)
30.9	Pass life preserver signpost at Cape Fear	(50.49)
31.55	Exit beach at Beach Access 35	(51.14)
31.65	Turn right onto South Bald Head Wynd	(51.24)
31.8	CP7: U-turn at Race HQ at Bald Head Island Conservancy	(51.39) FINISH
	Repeat miles 12.21 to mile 31.8 as above, for a total of 51.4 miles (Second lap mileages are listed above in parentheses in the far right column.)	