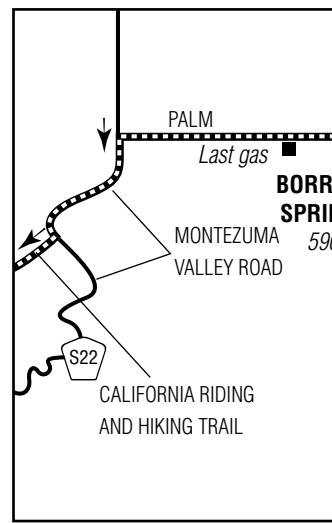
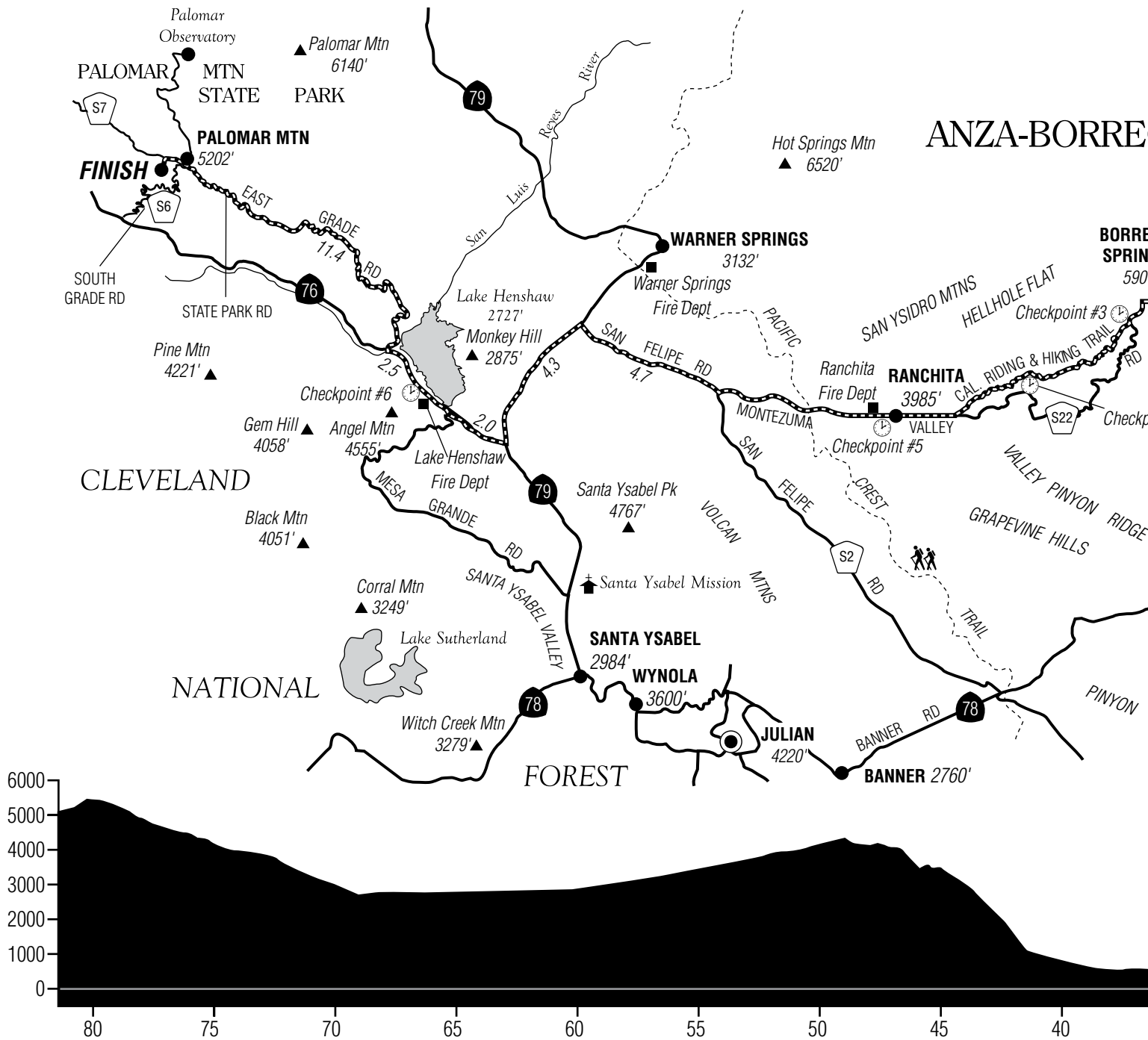


Palomar Mountain detail

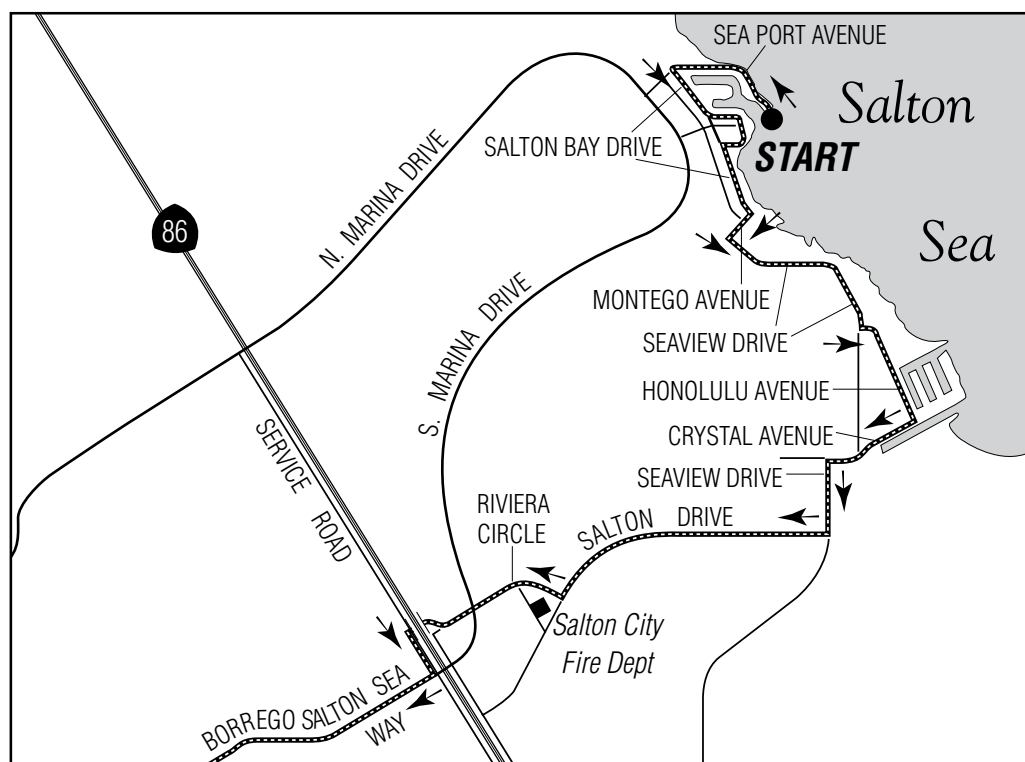


Borrego Springs detail





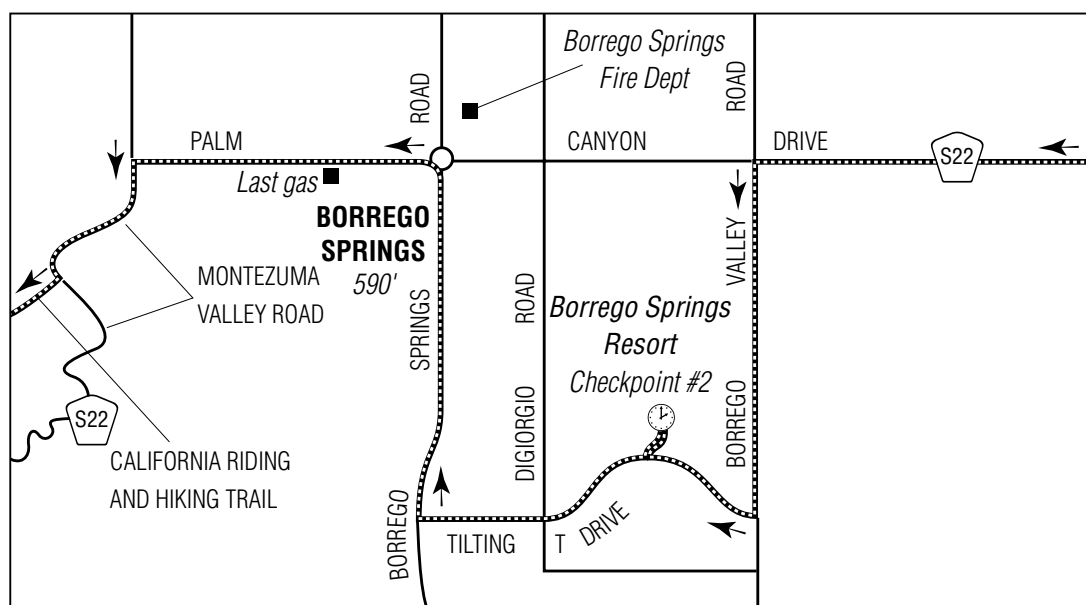
## 2023 BADWATER SALTON SEA OFFICIAL RACE ROUTE



Distance (ml.)	Landmarks / Notes	Elevation
0	Salton Sea Start Line at 905 Sea Port Ave, Salton City, CA 92274	-234 ft.
0.55	Left Salton Bay Dr.	
<b>Note:</b>	<b>Crews: drive directly to Mile 6.75, NOT on race route. Runners must self-support until 6.93.</b>	
0.83	Left Flamingo Ave.	
1.1	Road bears right	
1.24	Left Salton Bay Dr.	
1.6	Right Montego Ave.	
1.75	Left Sea View Dr.	
2.35	Stay right on Salton Bay Dr.	
2.73	Left Honolulu Ave.	-234 ft.
3.3	Right Crystal Ave. (T-int)	
3.8	Left Sea View Dr. (SS, T-in)	
4.17	Right Salton Dr. (SS)	
5.7	Right Riviera Circle	
6.17	Cross South Marina Dr. (SS)	
6.2	Veer right towards culvert under hwy ( dirt road)	
6.45	Cross under CA 86 via dirt road through culvert	
6.5	Left Service Rd. just on other side of highway CA 86	- 120 ft.
6.75	Right Borrego Springs Seaway / S22 at huge gas station / mini mart	
<b>Note:</b>	<b>Crews drive directly to here from start. Last Gas &amp; Supplies until Borrego Springs.</b>	
10.2	Cross Bantsch Trail (first climb)	70 ft.
14.3	Checkpoint #1: USN Microwave Tower (enter San Diego Co. & ABDSP)	510 ft.
16.9	Big Scenic Overlook with Parking on Right	
18.67	Call Box	
20.1	Mile Marker 33	

## 2023 BADWATER SALTON SEA OFFICIAL RACE ROUTE

Distance (mi.)	Landmarks / Notes	Elevation
21.2	Mile Marker 32 and Call Box	
22.2	Big pullout on right	
22.9	Big walled pullout on left	840 ft.
23.6	Call Box on left	
25.1	Mile Marker 28 + Anza-Borrego Desert State Park sign (facing opposite)	670 ft.
26.3	Mile Marker 27	670 ft.
27.3	Pass Henderson Canyon Rd. (at Call Box and near Mile Marker 26)	610 ft.
28.1	Mile Marker 25	
28.9	Mile Marker 24	
29.6	Road bears right, and becomes Palm Canyon Dr.	570 ft.
31.25	Borrego Valley Airport & The Propellor Restaurant on right	520 ft.
32.55	Left Borrego Valley Rd. (SS)	520 ft.
34.3	Right Tilting T Dr.	
34.9	Right into Borrego Springs Resort	
35.05	<b>Checkpoint #2:</b> at resort lobby (U-turn here) at 1112 Tilting T Drive 92004	560 ft.
<b>Note:</b>	<b>Runners must pass here by 1530!</b>	
35.2	Right Tilting T Dr. (SS)	
36.5	Right Borrego Springs Rd. (SS)	
38.2	Left at Christmas Circle (runners may cut the corner)	590 ft.
38.5	The Mall: Calico Café on left / Center Market on right: <b>Get Real food!</b>	
38.6	<b>Last Chance for GAS!</b>	680 ft.
39.55	Left Montezuma Valley Road / S22	750 ft.
40.4	<b>Checkpoint #3:</b> Right into dirt parking lot at Hellhole Canyon Trail	
40.5	Enter California Right and Hiking Trail (3800 ft. of total gain; plan 2.5 to 6 hours!)	880 ft
<b>Note:</b>	<b>Runners must start trail by 1730!</b> <b>CREWS:</b> After runners depart, we recommend you get real food, drinks, and gas in town. Then, it is a 7.4 mile drive from Hellhole Canyon to the CP#4 turn off (a dirt road on the right) You can wait near there to see your runners DURING the trail section, otherwise continue to 10 miles beyond Hellhole Canyon to the summit of Montezuma Valley Road and wait there.	
45.35	<b>Checkpoint #4:</b> Peña Spring Trailhead at Culp Valley Rd (off Montezuma Valley Rd)	3590 ft.



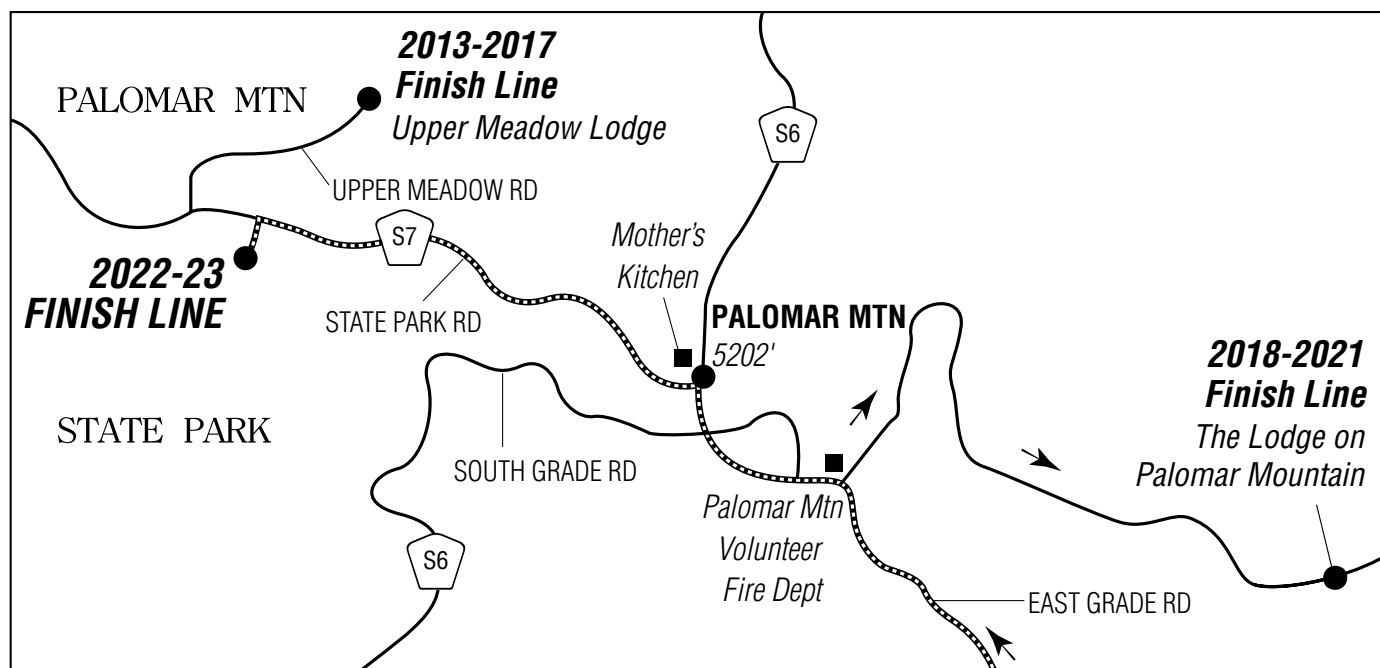
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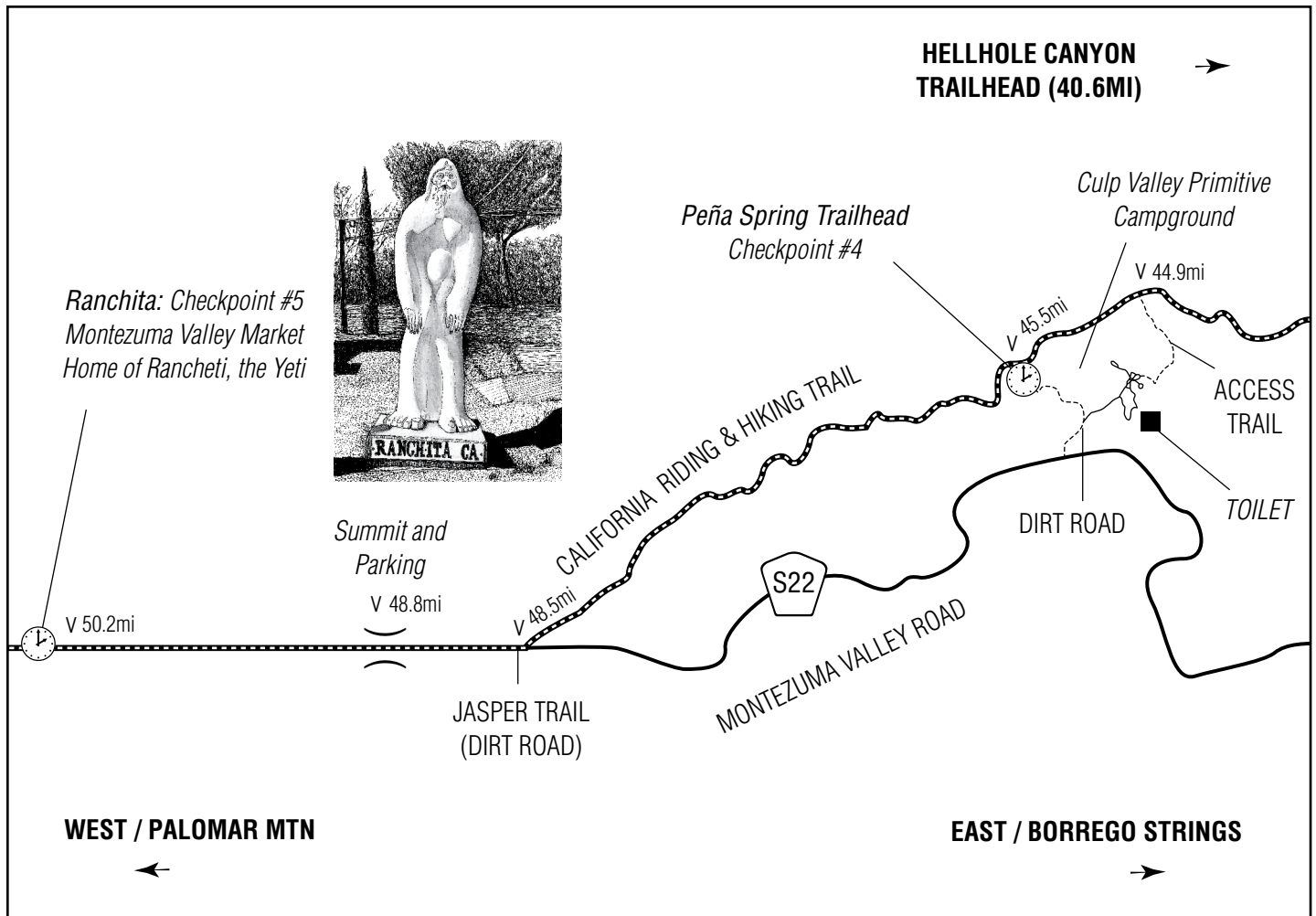
## 2023 BADWATER SALTON SEA OFFICIAL RACE ROUTE

Distance (ml.)	Landmarks / Notes	Elevation
48.35	Rejoin paved Montezuma Valley Road: turn right to go uphill	3745 ft.
48.7	Summit of Montezuma Valley Road	4225 ft.
<b>Note:</b>	<b>Support Crews, park in this vicinity while waiting for your runners to finish the trail section.</b>	
50.1	<b>Checkpoint #5:</b> Montezuma Valley Store in Ranchita on Right by "Rancheti"	4100 ft.
<b>Note:</b>	<b>Last Chance for Food, Drinks, Water, Supplies! Also, free soup and hot chocolate!</b>	
50.25	Fire Station on right at 37370 Montezuma Valley Road, Ranchita 92006	
55.25	Right S2 (T-int; yield)	3500 ft.
59.9	Left SR 79 (SS, T-int)	3000 ft.
<b>Note:</b>	<b>Minimal road shoulder from here to finish. Run, drive, and park carefully!</b>	
61.6	Mataguay Scout Ranch on left	2870 ft.
62.2	100km Mark! Huge gravel pullout on right	
63.3	CA DOT "Lake Henshaw" HQ on right	
64.2	Right on SR 76	2820 ft.
67	Viewpoint / Call Box / Large pullout on right	
67.9	<b>Checkpoint #6:</b> Lake Henshaw Resort, then Fire Station at 26147 CA-76 92070	2760 ft.
<b>Note:</b>	<b>Please Call or Text team name and location to the Race Director as Runners Pass Here!</b>	
68.75	Right S7 / East Grade Road	2720 ft.
70.55	Mile Marker 1.8 and "Scenic Vista" sign	3210 ft.
72.8	Mile Marker 4.0: View of the Pacific!	3880 ft.
76.8	Mile Marker 8.0	4660 ft.
79.9	Just after the summit and Mile Marker 11, STAY LEFT at Fire Station	5260 ft.
80.15	Stay straight onto S6 at four-way intersection, but get ready for a quick turn left:	
80.2	Left on State Park Rd. just before store / Mother's Kitchen	
80.7	Pass 21205 State Park Road (Green Sign) on left, then look for next driveway	
80.8	Turn left into 21145 State Park Road, Palomar Mountain, CA 92060	5500 ft.
81	Finish Line via left / side yard into backyard: Park on RIGHT of house!	5500 ft.

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## UPPER MONTEZUMA VALLEY ROAD DETAIL

The trail section of the race is VERY steep and surprises runners every year with both its steepness, rugged terrain, and intense heat. Knowledge of maintaining proper electrolyte balance is critical.

Leg cramps are a sign that SOMETHING IS WRONG. (Ditto for dizziness, "goose bumps," nausea, headache, weak legs, lack of coordination, rapid pulse and / or heavy sweating and/or moist and cold skin.)

These symptoms are not to be ignored, nor "pushed through." This is even more important on the trail section: If you head up the trail and don't feel well, and/or get cramps, TURN AROUND and come back down immediately!

- The trail is 7.8 miles long (some have measured it at 8+!) with 3600 feet of elevation gain.
- The fastest teams cover the trail section in about 2.5 hours, while the back-of-the-pack teams will take up to SIX HOURS to complete the trail section.
- There is a timing checkpoint located 5 miles up the trail. (This is the only place to leave the trail!) Crews have the option of meeting their runners at this location. (Culp Valley Campground: Peña Spring Trailhead)
- Runners will exit the trail a quarter-mile below the summit of Montezuma Valley Rd. (Watch out for cars!) After ascending the road a few hundred yards, runners meet back up with their crews parked at or near the summit.
- Once runners start up the trail at CP3, many crews go back into Borrego Springs to buy real food and to get gas. From CP3, it is a 7.3-mile drive to the Culp Valley CP#4 turn-off, or 10 miles to the summit of Montezuma Valley Road, where crews will park and await runners.